

DISCLAIMERS

The website visitor understands that this website's information is not to prescribe or assess micro- and macronutrient levels; provide health care, medical or nutrition therapy services; advice or to diagnose, treat or cure any disease, condition or other physical or mental ailment of the human body.

The website visitor understands that the Coach is not acting in the capacity of a doctor, licensed dietician-nutritionist, psychologist or other licensed or registered professional, and that any information displayed by the Coach is not meant to take the place of advice by these professionals.

If the website visitor is under the care of a health care professional or currently uses prescription medications, the website visitor should discuss any dietary changes or potential dietary supplements use with his or her doctor, and should not discontinue any prescription medications without first consulting his or her doctor.

The website visitor understands that the information received should not be seen as medical or nursing advice and is not meant to take the place of seeing licensed health professionals.

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1/21/2022