



Membership

Instructions

- Be gentle with yourself
- No bullying of self
- Have a journal handy
- 4 Sundays of every month you will have access to 3 videos, Mind, Body and Spirit
- Document section below videos is utilized to support some videos. Notification will be given in video if document is added.
- Each video will be available for 2 months.
- Your transformation is your responsibility.
- Miraculous change is possible.
- Utilize the tools.
- Your Authentic Self is PURE BEAUTY